Six things you can do to help stop modern slavery in less than sixty minutes

1. **Learn**
   Know where modern slavery can exist and how it manifests by taking our modern slavery quiz or downloading our Faith Resource Pack. Email supporter@antislavery.org for more details.

2. **Spot the signs**
   Take our test to spot the signs of someone living in modern slavery and find out what to do if you suspect someone is being exploited.

3. **Support the movement to end slavery**
   A donation of just £10 could make a vital difference by supporting the partners and projects we help.

4. **Sign the petition**
   Tell MPs that every product we buy should have no links to modern slavery.

5. **Use your consumer power**
   Talk to businesses that you buy from. How are they making sure their products are not made with modern slavery?

6. **Share**
   Send information about modern slavery to your friends, families and colleagues, and encourage them to take action too at antislavery.org.

Scan the QR code for links to ways in which you can help.

Ending slavery is a huge task but we will not stop until it is over. Here are some simple ways you can take action and be a part of this movement.